**BTEC Assignment Brief**

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| **Qualification** | Pearson BTEC Level 3 National Extended Diploma in Health and Social Care |
| **Unit number and title** | **11: Psychological Perspectives** |
| **Learning aim(s)** (For NQF only) | **A**: Examine how psychological perspectives contribute to the understanding of human development and behaviour**B:** Examine the contribution of psychological perspectives to the management and treatment of service users’ specific behaviours |
| **Assignment title** | Using theory to understand Human Behaviour |
| **Assessor** | A.Cook |
| **Issue date** |  |
| **Hand in deadline**  |  |
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| **Vocational Scenario or Context** | You are on your first work experience, in a residential unit that supports individuals who have experienced trauma. You have been asked by your mentor, to work with two service users from the attached case studies.  |
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| **Task 1** | You are asked to produce a report on both service users, which evaluates the role of the principal psychological perspectives in helping the unit staff to understand the behaviour of the two individuals and also to manage and treat the behaviours effectively.Your report must also include the following:* An analysis of the contribution of psychological perspectives to understanding the behaviours of two service users.
* An analysis of the value of identifying those factors that may have influenced the two service users behaviours when applying psychological perspectives to their management and treatment

You should also include an explanation of how psychological perspectives are applied to the understanding of human development and how they could help the staff at the unit to understand and treat both characters, and an explanation of how different factors could have influenced the development and behaviour presented.  |
| **Checklist of evidence required**  | Report  |
| **Criteria covered by this task:** |
| Unit/Criteria reference | To achieve the criteria you must show that you are able to: |
| AB. D1- | Evaluate the role of psychological perspectives in the understanding of human development and the management and treatment of service users’ behaviours. |
| A. M1- | Analyse the contribution of psychological perspectives to the understanding of human development and behaviours. |
| B. M2- | Analyse the value of identifying factors influencing human development and behaviours in the application of psychological perspectives to the management and treatment of different service users’ behaviours. |
| A. P1- | Explain how psychological perspectives are applied to the understanding of human development. |
| A. P2- | Explain how psychological perspectives contribute to the understanding of specific human behaviours. |
| B. P3- |  Explain how different factors influence human development and specific behaviours. |
| B. P4- | Explain the contribution of psychological perspectives to the management and treatment of different service users’ behaviours. |
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| **Sources of information to support you with this Assignment** | **Books*** Hunt N, McHale S, *Understanding Traumatic Stress,* SPCK, Sheldon Press, (2010), ISBN 9781847090560
* Pomm H A and Pomm R, *Management of the Addicted Patient in Primary Care,* Springer-Verlag,(2007),ISBN 978-0-387-35961-8

**Websites*** [https://www2.rcn.org.uk/\_\_data/assets/pdf\_file/0009/78543/001804.pdfhttps://www2.rcn.org.uk/\_\_data/assets/pdf\_file/0009/78543/001804.pdf](https://www2.rcn.org.uk/__data/assets/pdf_file/0009/78543/001804.pdf)

<https://www2.rcn.org.uk/__data/assets/pdf_file/0009/78543/001804.pdf>* [www.nursingtimes.net/anxiety/1996284.articlehttp://www.nursingtimes.net/anxiety/1996284.article](http://www.nursingtimes.net/anxiety/1996284.article)

<http://www.nursingtimes.net/anxiety/1996284.article>* www.simplypsychology.org › Cognitive/

[www.learning-theories.com/social-learning-theory-bandura.htm](http://www.learning-theories.com/social-learning-theory-bandura.htm) |
| **Other assessment materials attached to this Assignment Brief** | *None*  |
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