**BTEC Assignment Brief**

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| **Qualification** | Pearson BTEC Level 3 National Extended Diploma in Health and Social Care |
| **Unit number and title** | **20:Understanding Mental Wellbeing** |
| **Learning aim(s)** (For NQF only) | **A:** Understand different views on the nature of mental wellbeing and mental health**B:** Examine how the main forms of mental ill health are classified |
| **Assignment title** | What is mental wellbeing? (1) |
| **Assessor** |  |
| **Issue date** |  |
| **Hand in deadline**  |  |
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| **Vocational Scenario or Context** | You are a healthcare assistant on a ward for young adults with different forms of mental ill health. In order to support your understanding of the work undertaken with the young adults, the ward manager has asked you to conduct some research and present your findings. |
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| **Task 1** | You have been asked to produce a report that evaluates the nature of mental health and wellbeing. Your report should also evaluate the role of the current classification systems, in improving the diagnosis of two different mental ill-health conditions and their symptoms.Your report should also:* Analyse the factors that influence mental health and wellbeing, referring to one model of mental wellbeing and mental health
* Analyse the contribution of current classification systems in the diagnosis and symptoms of your two, selected conditions, explaining the impact of current classifications on the diagnosis and discussing their strengths and limitations
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| **Checklist of evidence required**  | Report |
| **Criteria covered by this task:** |
| Unit/Criteria reference | To achieve the criteria you must show that you are able to: |
| **20/AB.D1** | Evaluate the nature of mental health and wellbeing and the role of current classification systems in improving the diagnosis of selected mental ill-health conditions and their symptoms. |
| **20/A.M1** | Analyse factors that influence mental wellbeing and mental health with reference to a view on the nature of mental wellbeing and mental health. |
| **20/B.M2** | Analyse the contribution of current classification systems in the diagnosis of selected mental ill-health conditions and their symptoms. |
| **20/A.P1** | Explain factors that influence mental wellbeing and mental health. |
| **20/B.P2** | Explain the impact of current classification systems on the diagnosis of mental ill-health conditions. |
| **20/B.P3** | Discuss the strengths and limitations of current classification systems in recognising selected mental ill-health conditions and their symptoms. |
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| **Sources of information to support you with this Assignment** | **Books*** Pilgrim D., *Key Concepts in Mental Health, (Sage Key Concepts Series), 3rd Edition),* Sage, (2014) ISBN: 9781446293898

**Websites*** [http://www.mentalhealthcare.org.uk/mental\_health\_acthttp://www.mentalhealthcare.org.uk/mental\_health\_acthttp://www.mentalhealthcare.org.uk/mental\_health\_act](http://www.mentalhealthcare.org.uk/mental_health_act)
* [http://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/#.V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAg](http://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/#.V-PT5I-cGAg)

<https://www.rethink.org/living-with-mental-illness/mental-health-laws> |
| **Other assessment materials attached to this Assignment Brief** | * *Case studies*

*Note to assessor* |