**BTEC Assignment Brief**

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| **Qualification** | Pearson BTEC Level 3 National Extended Diploma in Health and Social Care |
| **Unit number and title** | **20:Understanding Mental Wellbeing** |
| **Learning aim(s)** (For NQF only) | **C:** Examine the impact of mental ill health on individuals and others in their social networks**D:** Examine strategies, which promote mental wellbeing and mental health. |
| **Assignment title** | What is mental wellbeing? (2) |
| **Assessor** | 1. Cook
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| **Issue date** |  |
| **Hand in deadline**  |  |
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| **Vocational Scenario or Context** | You are a healthcare assistant on a ward for young adults with different forms of mental ill health. In order to support your understanding of the work undertaken with the young adults, the ward manager has asked you to conduct some research and present your findings. |
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| **Task 1** | The ward manager is impressed with your work and has now asked you to produce a report on one of the service users with a specific condition.Referring to one of the case studies attached to this Assignment Brief, produce a report that evaluates the importance of promoting, protecting and restoring mental health and wellbeing to your selected individual, giving an explanation of the impact of mental ill health on this individual.Your report should also evaluate how an accurate diagnosis can lead to the correct treatment of your selected individual’s condition. Please also include in your report:* An analysis of the impact of mental ill health on your selected individual’s relationships within their social networks, referring to factors that may have caused the condition and giving an explanation of how mental ill health can affect your selected individual’s relationships with others.
* A justification of the strategies that could be applied to promote mental health and wellbeing for your selected individual, referring to relevant legislation, policies and codes of practice, ensuring that these strategies are explained in your justification
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| **Checklist of evidence required**  | Report |
| **Criteria covered by this task:** |
| Unit/Criteria reference | To achieve the criteria you must show that you are able to: |
| **20 CD.D2** | Evaluate the importance of promoting, protecting and restoring the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition. |
| **20 D.D3** | Evaluate how accurate diagnosis of mental ill-health conditions leads to correct treatment. |
| **20 C.M3** | Analyse the impact of mental ill health on a selected individual’s relationships within their social networks with reference to factors that may have caused it. |
| **20 D.M4** | Justify strategies that can be applied to promote the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition, making reference to relevant legislation, policies and codes of practice. |
| **20 C.P4** | Explain the impact of mental ill health on a selected individual. |
| **20 C.P5** | Explain how mental ill health affects a selected individual’s relationships with others. |
| **20 D.P6** | Explain strategies that can be applied to promote the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition. |
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| **Sources of information to support you with this Assignment** | **Books*** Pilgrim D., *Key Concepts in Mental Health, (Sage Key Concepts Series), 3rd Edition),* Sage, (2014) ISBN: 9781446293898

**Websites*** [http://www.mentalhealthcare.org.uk/mental\_health\_acthttp://www.mentalhealthcare.org.uk/mental\_health\_acthttp://www.mentalhealthcare.org.uk/mental\_health\_act](http://www.mentalhealthcare.org.uk/mental_health_act)
* [http://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/#.V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAghttp://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/ - .V-PT5I-cGAg](http://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/#.V-PT5I-cGAg)

<https://www.rethink.org/living-with-mental-illness/mental-health-laws> |
| **Other assessment materials attached to this Assignment Brief** | * *Case studies*

*Note to assessor* |